

## Aaron Kuehmichel - Matthew 6:25-26

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You know, we're going to take a look at Matthew 6:25-26. But you know what? Our mind is a wonderful thing. It starts working before we are even born, and it never stops until you start to speak in public. So we wanted to do this afternoon is to pay close attention to Matthew 6:25.

Going forward, I want you to pay attention to what the Lord Jesus says and see if you can identify and discern a pattern of communication that he uses in this these several verses.

Well, it says, therefore I tell you, do not be anxious about your life, whether you will eat or what you aware, nor about your body, what you will put on. Is not life more than food and your body more than clothing? That's verse 25. In verse 26 he says, look at the birds of the air. They neither sorrow nor weep, nor gather into barns, and yet your Heavenly Father feeds them.

Are you not of more value than they are?

Now, though, assigning just the two verses, I'm going to extract from and paraphrase the next several scriptures. So let's look at 27 and you can tell the highlighted sections. So here's the paraphrase. By being anxious, can you add even one single hour to your span of life? And verse 28 why are you anxious about your clothing?

Here Jesus ties anxiety and worry to a small degree of faith. So let's look at verse 30. If God so clothes the grass of the field, will he not much more clothe you, O you of little faith? Now in other words, Jesus hears telling us that there is a direct inverse relationship between faith and anxiety, between faith and worry. The more we have of one, in this instance faith, the less we will have of the other.

Anxiety and worry and vice versa. Now did you notice that the Lord Jesus circled back and started again from the beginning, and the second time he provided additional support. Well, pay attention to what he says next.

So verse 31. Therefore do not be anxious.

In verse 32. Your heavenly Father knows that you need all these things. Clothing for your body, food for your body as well. But are you catching this conclusion? And in this conclusion he reiterates the problem that we have of being anxious, and he provides the solution.

Your Heavenly Father knows that you need them all. He is our solution. Now, the Lord Jesus states this problem three times. When he tells us something three times we should pay attention, don't you think? But there's another verse by the Apostle Paul that packages this together nicely for us, and that's Philippians 4, 6, 7.

He says, do not be anxious about Anything but in everything by prayer and pleading with thanksgiving, let your requests be made known to God, and the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus. Now think of the phrase with thanksgiving as parenthetical. It is the perspective we should have when we approach in prayer, and it tempers our requests, reminding us of what he's already done for us, and because of that, reminded what he's already done for us.

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It puts us in a position of a little bit of humility and humbleness. Now These verses, Philippians 4, 6 and 7, tell us that the peace of God protects us from anxiety and from worry. Well, that's true only when we have God's peace and only when we let it protect us.

Now, in our theme verse, Matthew 6:25, There's a starting place. Do not be anxious about your life, nor about your body, and in Philippians 4, Paul compresses all that into one word. He says anything. Verse 6, he tells us the result of not being anxious.

That's our destination, if you will, in verse seven, and the peace of God, which surpasses comprehension, will guard your hearts and minds in Christ Jesus, and there's one more verse that we would like to mention, and that's Hebrews 11:6, and it simply says, but without faith it is impossible to please him. For he that comes to God must first believe that he is and secondly, that he is a rewarder of them that diligently subject seek him.

So here we have a verse that tells us just how critical faith is in our walk, and learning to trust God implicitly and completely is our sometimes very difficult road of sanctification.